Timeline Follow Back

Substance use consumption and drinking patterns were assessed using the rater-administered Timeline Follow Back assessment (Sobell & Sobell, 1992), which provides a detailed description of a client’s substance abuse consumption. The TLFB demonstrates good psychometric properties with substance dependent adults and adolescents (Donohue et al., 2004; Sobell et al., 1992). Youth reports of alcohol and drug consumption have been shown to be more accurate than parent report of youth substance use (Fisher et al., 2006).


*Note: Instrument Copyrighted; please see website for further instruction.*
pubs.niaaa.nih.gov/publications/assesing%20alcohol/InstrumentPDFs/13_TLFB.pdf